



# Freedom High School

1050 Neroly Road • Oakley, CA 94561 • (925) 625-5900  
Fax: (925) 625-0396



*Kelly Manke, Principal*  
*Frank Beed, Assistant Principal*  
*Julia Ferreira, Assistant Principal*  
*Gypsy Hernandez, Assistant Principal*  
*Erika Parlog, Assistant Principal*

May 17, 2019

Dear Parent or Guardian:

We received confirmation a Freedom High School student is diagnosed with Pertussis (whooping cough). She is currently receiving treatment and will not attend school until she has clearance from the appropriate medical doctors.

Pertussis is an infection that affects the airways, and it can easily spread from person to person by coughing or sneezing. Pertussis can cause a severe cough that lasts for weeks or months, sometimes leading to coughing fits and/or vomiting. Anyone can get pertussis, but it can be very dangerous for babies and people with weakened immune systems. Family members with pertussis, especially siblings and parents, can spread pertussis to babies.

Recommendations:

1. If your student has a cough:
  - Keep your student home from school and activities, such as sports.
  - Make an appointment with your student's doctor as soon as possible and tell the doctor that your student may have been exposed to pertussis.
2. If your student has been diagnosed with pertussis by his or her doctor:
  - Tell the school that a doctor diagnosed your student with pertussis.
  - We may request that you keep your student home from school and activities, until your student has been on antibiotics for five days to treat pertussis.

Please make sure your family's vaccinations are up-to-date. Protection against pertussis from the childhood vaccine, DTaP, decreases over time. Older children and adults, including pregnant women, should get a pertussis booster shot called "Tdap" to help protect themselves and babies near or around them. If you need Tdap, contact your doctor or call the Contra Costa Health Services Immunizations Program at 1-800-246-2494 to find a vaccine provider near you.

If you have any questions or concerns, please call your school office building.  
You can find additional information from the California Department of Health website:  
<https://www.cdph.ca.gov/Programs/CID/DCDC/pages/immunization/pertussis.aspx>

Sincerely,

Kelly Manke

AN EQUAL OPPORTUNITY EMPLOYER

The local educational agency (i.e. - Liberty Union High School District) adopted (has) a policy that prohibits discrimination, harassment, intimidation, and bullying based on actual or perceived ancestry, age, color, disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sex, sexual orientation or association with a person or a group with one or more of these actual or perceived characteristics. Additionally, the local agency must have the following in their policies (and practices) in place:

The policy shall include the following: a) statement that it applies to all acts related to school activity or school attendance within a school under the jurisdiction of the superintendent of the school district.  
b) Requires that school personnel take immediate steps to intervene when it is safe to do so and when he or she witnesses an act of discrimination, harassment, intimidation or bullying.

Legal Citations: Education Code [EC] §§ 200, 220, 221.5, 234.1, 260; Government Code [GC] § 11135; Penal Code [PC] § 422.55; California Code of Regulations, Title 5 (5 CCR) §§ 4900, 4902, 4960.



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El 17 de mayo del 2019

Queridas familias de Freedom:

Recibimos la confirmación de que a un estudiante de Freedom High School se le diagnostica tos ferina (Whooping Cough). Actualmente está recibiendo tratamiento y no asistirá a la escuela hasta que cuente con la autorización de los médicos apropiados.

La tos ferina es una infección que afecta a las vías respiratorias y se puede propagar fácilmente de persona a persona al toser o estornudar. La tos ferina puede causar una tos grave que dura semanas o meses, lo que a veces provoca ataques de tos y vómitos. Cualquiera puede contraer la tos ferina, pero puede ser muy peligroso para los bebés y las personas con sistemas inmunológicos debilitados. Los miembros de la familia con tos ferina, especialmente los hermanos y padres, pueden contagiar la tos ferina a los bebés.

Recomendaciones:

3. Si su estudiante tiene tos:
  - Mantenga a su estudiante en casa desde la escuela y las actividades, como los deportes.
  - Haga una cita con el médico de su hijo lo antes posible y dígame que puede haber estado expuesto a la tos ferina.
4. Si su médico le ha diagnosticado tos ferina a su hijo:
  1. Dígame a la escuela que un médico le diagnosticó tos ferina a su hijo.
  2. Es posible que le solicitemos que mantenga a su estudiante en casa y en la escuela, hasta que su hijo haya tomado antibióticos durante cinco días para tratar la tos ferina.

Por favor, asegúrese de que las vacunas de su familia estén actualizadas. La protección contra la tos ferina de la vacuna infantil, DTaP, disminuye con el tiempo. Los niños mayores y los adultos, incluidas las mujeres embarazadas, deben recibir una vacuna de refuerzo contra la tos ferina llamada "Tdap" para ayudar a protegerse a sí mismos ya los bebés que estén cerca o cerca de ellos. Si necesita Tdap, comuníquese con su médico o llame al Programa de Inmunizaciones de Servicios de Salud de Contra Costa al 1-800-246-2494 para encontrar un proveedor de vacunas cerca de usted.

Puede encontrar información adicional en el sitio web del Departamento de Salud de California:

<https://www.cdph.ca.gov/Programs/CID/DCDC/pages/immunization/pertussis.aspx>

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Kelly Manke

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